“Becoming a Kink-Aware Therapist”

6-8 p.m., Saturday, February 11, 2017
At the home of Amanda Franklin, 656 Howe Street, Seattle
2 CEUs for LMFT, LMHC, LASW, LICSW, and associates
Registration fees: FSTNW Members - $40; Nonmembers - $80
Includes CEUs, materials, and refreshments

Start your Valentine’s week off right by attending our next Salon Event, “Becoming a Kink-Aware Therapist,” a discussion about BDSM, polyamory, fetishes, and all things kink.

Our speakers, Katie Myers-Wiesen and Allena Gabosch, will lead a discussion to supplement what many of us were not taught in school: how sexual delight and intimacy can flourish—temporarily or long-term—in a variety of settings and unions.

Polyamory, BDSM, fetishes and other kinky activities are generally misunderstood, yet many patients are involved in these lifestyles. It can be difficult-to-hard to put aside your assumptions when a patient brings up these topics. Katie and Allena invite you to be part of an open and honest discussion covering all forms of so-called alternative sexuality. They are going to examine your assumptions in depth and discuss what is reality vs. conjecture and fantasy.

This discussion is an opportunity to explore intimacy beyond the classroom or heteronormative monogamy models taught in your typical classroom. It’s every clinician’s aim to be able to offer a non-judgmental space that is safe to explore identity, and it is helpful to have an awareness of the language that they use to describe their life and experience.

This is a safe space to explore assumptions around BDSM and kink from the media and explore these real-life dynamics. We will explore the basics of BDSM as well as how to navigate discussions around consent, boundaries, and seeking community spaces and support. Polyamory and its joys and challenges will be examined and potential discussion guidelines—including Allena’s 20 “Relationship Principles”—will be offered as a resource.

Participants will be given terms lists and resource lists to both continue their own education and exploration as well as book lists that can be offered to clients who are looking to open up their relationships or to try a new kink within their current relationship structure (be it monogamous or open or polyamorous). Bring your questions and thoughts and get ready for a fun and illuminating discussion.

About our speakers:

Katie Myers-Wiesen, MA, LMHC, NCC, is a mental health therapist at Seattle Counseling Service, which proudly serves the LGBTQIA population, including a rainbowed and glittery spectrum of identities and relationships. Allena Gabosch is a sex-positive speaker, author, coach, and activist.

(Registration form on page 2)
FSTNW Salon Event – “Becoming a Kink-Aware Therapist” – Feb. 11, 2017
(You can also register online.)

Name: ________________________________________________
Address: ________________________________________________

City State Zip
Phone: ________________________________________________
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Please return this form with payment to:
FSTNW, 1229 Cornwall Ave., Ste. 308, Bellingham, WA 98225

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Fees include refreshments and CEUs.

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